

BARBARA MORRIS BSc RMT DCTP

Spadina Therapy Centre
37 Spadina Road
Toronto, ON, M6H 2S9
Canada
tel 416 535 2040

Employment

2007—present

Psychodynamic Psychotherapist, private practice, Spadina Therapy Centre,

Member of CAPT, Canadian Association of Psychodynamic Therapists

Explore implicit/unconscious communication, sexuality concerns, anxiety, dissociation,

Character/personality disorders, echoes/enactments of the past, and dreams

1992—present

Registered massage therapist, private practice, Spadina Therapy Centre

Psychogenic body work, emotion-oriented, trauma-oriented, sensation following,

Swedish therapeutic deep tissue massage, acute/chronic pain/stress reduction, relaxation,

Soft tissue injury resolution, educate about the intersection and integration of body, mind and emotions

2000—present

Registered massage therapist, Sunnybrook Health Science Centre, Veterans Residence

Therapeutic massage in chronic care and end-of -life, palliative care

1994—2000

Registered massage therapist, Lakeshore Area Multi-Services Project, Etobicoke

Massage therapist in cooperation with staff physicians, chronic repetitive strain, chemical sensitivities, and other injuries sustained in the workplace, in-house therapy for LAMP staff and outreach to the community

1989—1992

Registered massage therapist, Dr. Joe Smolders Chiropractic Clinic, Toronto

Referrals from two chiropractors, pre- and post-adjustment massage, relaxation

1986—1989

Treatment/adolescent care worker, Syl Apps Youth Centre, Oakville

Treatment of emotionally and psychiatrically disturbed adolescents in a maximum-security youth facility

Crisis and long-term counselling of sexually abused, extremely volatile and self-destructive adolescents

Cooperation with a treatment team of psychiatrists, social workers, and teachers, Annual CPR recertification

1985—1986

Law clerk, Berman & Steven's Barrister & Solicitors, Toronto

Counselling and support for patients at Whitby Psychiatric Hospital and Queen St. Mental Health Centre

Paralegal representation at Mental Health Review Board hearings, discharge/transitional support

1984—1987

Contract worker, Central Toronto Youth Services and Street Outreach Services, Toronto

Individual counsellor working in the community with adolescents at risk, crisis intervention, problem solving,

Guidance, life skills, link to community resources, building self esteem and stability

1981—1984

Child care worker, Youthdale Treatment Centre, Toronto

Long term therapy of emotionally disturbed adolescents in a residential setting, support, structure, life skills,

Cooperative counselling with team of psychiatrists/social workers/teachers, family liaison, community resource

1978—1980

Researcher/writer, TV Ontario, Toronto

Fast Forward, documentary series: program development, research of high technology (including international travel), production coordination, interviewing on location in Canada, U.S.A. and Japan, script writer

1976—1977

Supervisor, Camp Tamakwa, Algonquin Park

Summer camp staff coordinator, interviewing/hiring, director for young adolescents

Director/editor of 16mm promotional films

Education

2003—2010

The Center for Training in Psychotherapy, DipCTP, Psychodynamic Psychotherapist

2008

University of Toronto, BSc. major in Psychology

1998—2002

The Magraw Method Training and Supervision Course, Kristi Magraw, Emotion oriented body work

1987—1989

Sutherland-Chan Massage School and Teaching Clinic, Registered Massage Therapist since 1989

1976—1979

Ryerson Polytechnical Institute, Radio and Television Arts

1974—1988

University of Toronto, Arts and Science

Experience

1981

Traveller, independent global travel

1978—1980

Child care worker, volunteer, Bloorview Children's' Hospital

Recreational assistant for nonverbal, physically and emotionally challenged children, ages 3-10